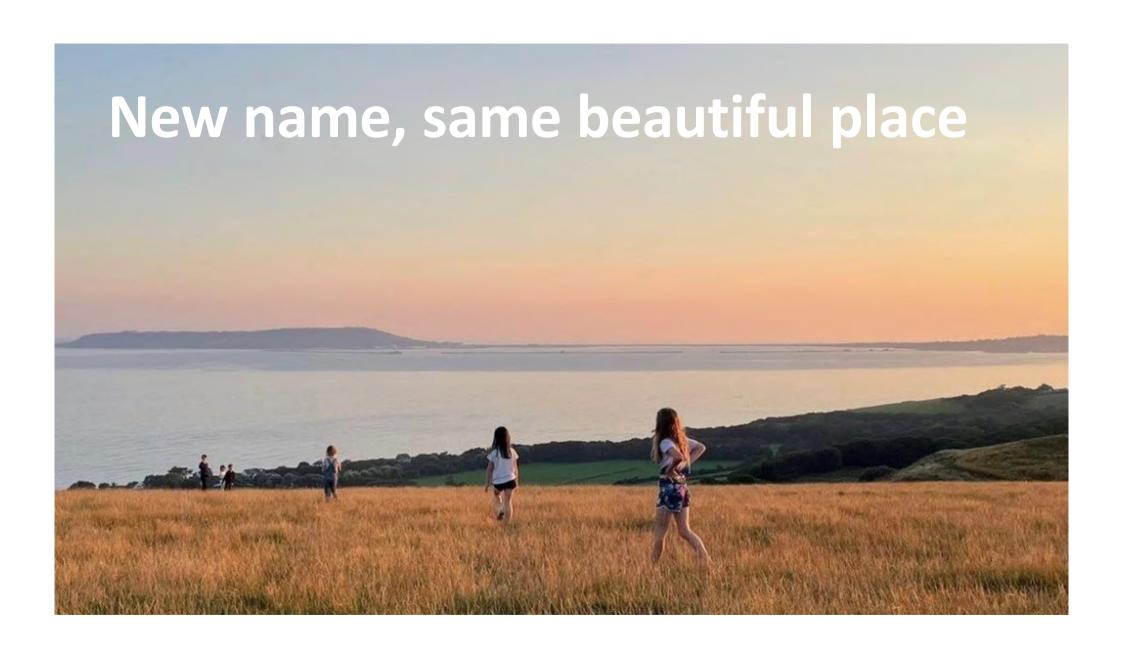




Stepping into nature

Steph Aburrow

Dorset National Landscape
Stepping into Nature Project Coordinator





Dorset National Landscape Manager



Landscape Planning Officer, Dorset National Landscape



Dorset National Landscape Project Support Officer



Dorset National Landscape Culture, Community & Learning Officer



Dorset National Landscape Visitor, Tourism and Access Manager



Stepping Into Nature Project Coordinator



Dorset National Landscape Countryside Projects Manager



Dorset National Landscape Farming in Protected Landscapes Officer



Dorset National Landscape Farming in Protected Landscapes Support Officer

Dorset Food & Drink Coordinator



























Invite your friends

Picnic in the Parks is full of ideas to help you live well and love nature. Take your time to explore this Dorset-inspired park to find inspiration, discover new experiences and enjoy fun health and nature-related activities. Activities will grow and change seasonally so keep visiting for fresh ideas.



Where would you like to go first?



INSPIRATION HILL ->

Sit back, relax and take notice of the ever changing sights and sounds of Dorset.



WELLBEING TRAIL

A selection of useful resources available in Dorset to help on your journey to boosting health and happiness.



DISCOVERY WOOD ->

Go out and discover new places to visit in Dorset or try out new activities in your local area.



CREATIVITY RIVER ->

Enjoy a range of guided activities which encourage creativity and conversation



GIANT TALKS ->

Learn about Dorset's landscape, wildlife, history and culture through a series of virtual walks and talks.



COMMUNITY COVE ->

Increase your skills to deliver inclusive nature-based activities and events in Dorset supporting you to give back.

Inspiration Hill Picnic Parks

Inspiration Hill is about taking the time to savour the moment, catching sight of the beautiful and becoming aware of the ever changing world around you.



TALES OF DORSET:
STORIES INSPIRED BY
THE LANDSCAPE AND
WILDLIFE IN DORSET ->

Much loved Dorset storyteller, Martin Maudsley, re-tells his mesmerising stories. A winner for adults and children alike!



'SEASONS OF STORIES: SPRING' BOOK →

A collection of words, images and traditions inspired by spring and designed to prompt memory, conversation, and reflection.



Giant Talks is about sharing stories, knowledge and a love of nature in Dorset to enrich our lives. Rediscover an old interest and gain new experiences.



JOLLY DAYS ->

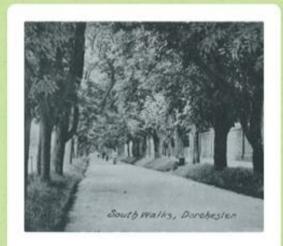
Join Sarah as she explores Dorset and talks to those that live and work in these beautiful places.



Discovery Wood



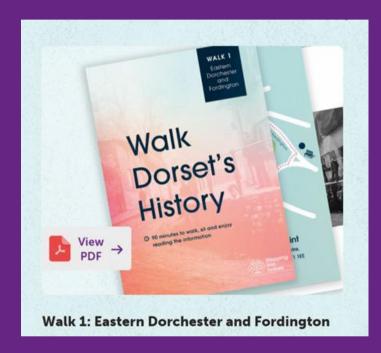
Discovery Wood is about helping you to experience new places in Dorset or familiar places in different ways.



WALK DORSET'S HISTORY



Explore the history of a place using these easy access walk guides that introduce you to what is unique in Dorset's villages and towns.









Final words...

- Be at one with your audience!
- All good things come to those that wait!
- Don't get stuck in a rut





Tales of Dorset | Dorset | Area of Outstanding | Natural Beauty | (dorsetaonb.org.uk)

